

# Trinity Happenings

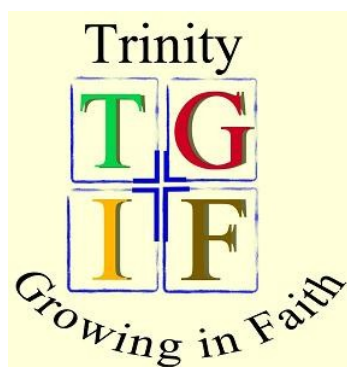
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October 4, 2009

## ***Our Mission***

*We are here to:  
Worship God,  
Walk with Jesus,  
Change lives,  
and Serve the  
community, through the  
power of the Holy Spirit.*



## ***Coffee Hour***

We have now started back with the Coffee Hour schedule of serving coffee in the Auditorium after the 10 a.m. Service.

We thank all the parishioners currently on the team. If you would be interested in coming along side with our team, we'd love to have you.

Just contact Mary in the Office, 728-2691, or [churchoffice@rogers.com](mailto:churchoffice@rogers.com) and we'll explain what's involved. It usually works out that a family would make coffee (or lemonade in summer) about twice a year.



## **COMBATTING AIDS IN UGANDA, AFRICA. DOUG WILLOUGHBY**

Today as we celebrate "Harvest Thanksgiving" with the church so beautifully decorated with fruit and vegetables we are reminded of all that we have to be thankful for. By a fluke of geography we live in Canada and enjoy stable government and bountiful harvests. We are well aware that much of the the world lives in more difficult conditions. As indicated below, Doug Willoughby has a unique opportunity to combat the scourge of AIDS in northern Uganda and to bring assistance to those who most need it. Our Outreach Committee has endorsed this mission project. Doug Willoughby spoke at the Men's Breakfast last Saturday and and is our guest preacher today, Sunday October 4th. Doug needs to raise about \$4000. Half of this has now been committed. I would like to see us contribute \$1000. There is a special envelope in your bulletin this morning and we will take up a special offering for this mission project in Uganda. Cheques should be made payable to Trinity Church for receipt purposes and we will forward the donated funds to Doug.

-- Canon Brian, Kemi Ogunmefun (Outreach Ctee. Chair)

Let me introduce myself, I'm Doug Willoughby. I serve as a part-time Pastoral Assistant at St. Paul's-on-the-Hill Anglican Church in Pickering and am a consultant with the Diocese of Toronto. I have served in this capacity for six years. Ministry has been a part of my life since my early twenties. I served in the capacity of Pastor, Youth Pastor and Lead Pastor over a span of 23 years. During these years missions was always very close to my heart. I went on three missions to Uganda, one to Zimbabwe and Mozambique and then in 2007 to Kenya with a team from St. Paul's, following this I traveled to Lira, northern Uganda for nine days.

My life changed in 1994 when a terrible mistake from my past came back to haunt me. As a result I was told to leave my denomination and a few weeks later I was diagnosed HIV+. I wandered from church to church and then in 1998 came to St. Paul's. I felt like I had come home. I told Canon Brian of my past and my diagnosis and he welcomed me. The whole church saw me deteriorate and in June 2000 I was hospitalized and told I would not live. Have you ever wondered how God could take one of your biggest mistakes and use it for His Glory?

I led the HIV/AIDS team on Kenya 2007, then I went to Lira to be with a minister I had first met 25 years before. I had become reacquainted with the Reverend Charles Okwir the year before and told him of my diagnosis. He asked me to come to Lira and wanted a team to come as well. I preached in his church, Victory Outreach Ministries and shared my story. There was a large response of people wanting to be prayed for.

The following year Pastor Charles and his wife Margaret were brought to Canada for a holiday by a Canadian businessman. Charles told me there were over 500 people who had come and asked for help at his church. They had said if that preacher (meaning me) can stand up and say "I have AIDS", we feel like hypocrites, we've been hiding, afraid that someone will find out. Friends, the number has now swelled to just under 1000 HIV+ adults who are looking for me to return.

I'm amazed and humbled at how God has opened a door I never believed could happen. I'm looking forward to returning to Lira sometime late October to assess the situation. I want to see what the immediate needs are and what kind of a team I need to put together to return. Please pray with me that God will miraculously open doors for me this fall and speak to hearts to return with me to help these wonderful people.

-- Doug Willoughby

# CALENDAR EVENTS FOR THE WEEK

## SUNDAY - Oct. 4th "Harvest Home" "Mission"

Guest Speaker: Doug Willoughby "AIDS in Uganda"  
 8:00 a.m. - Quiet Communion  
 8:30 a.m. - "Nooma" Study in Naz. Rm.  
 10:00 a.m. - Family Communion  
 Sunday School "Inter-generational Service" in Aud.  
 Nursery in Undercroft (ages 0-4yr.)  
 12:00 p.m. - Screening in Faith Workshop in Upper Rm.

## MONDAY

1:30 p.m. - "The Truth Project" in Upper Rm.  
 6:30 p.m. - Dinner, "Alpha"  
 7:30 p.m. - "Challenging Lifestyle"  
 7:00 p.m. - CWT Practice in Sanctuary

## TUESDAY

12:45 p.m. - "Beth Moore" in Upper Rm.  
 7:00 p.m. - "Beth Moore" in Nazareth Rm.

## WEDNESDAY

7:30 a.m. - Men's Breakfast at Simcoe Hotel  
 10:30 a.m. - Holy Communion Service in Sanctuary  
 12:00 p.m. - "Hebrews" Study in Upper Rm.  
 12:00 p.m. - St. Joe's Lunch for the Poor in Aud.  
 7:00 p.m. - "Hebrews" Study in Upper Rm.  
 7:00 p.m. - Trinity Rocks Practice in Sanctuary

## THURSDAY

7:00 p.m. - Sr. Choir Practice in Sanctuary  
 6:30 p.m. - Venturers in Aud.  
 6:45 p.m. - "Screening in Faith" in Nursery

## FRIDAY

9:30 a.m. - Trinity Women's Mtg. in Upper Rm.  
 Guest Speaker: Dr. David Downham. All Welcome.  
 10:30 a.m. - "Nooma" in Naz. Rm.

## SATURDAY

7:30 p.m. - "The Cause" Ministries in Aud. - especially geared to young adults - open to all.

## SUNDAY - Oct.11th "National Thanksgiving"

8:00 a.m. - Quiet Communion  
 8:30 a.m. - "Nooma" Study in Naz. Rm.  
 10:00 a.m. - Family Communion  
 Sunday School in Aud.  
 Sr. Youth in Upper Room  
 Nursery in Undercroft (ages 0-4yr.)

## BITS AND PIECES

\*Congregation attending Trinity last Week, Sept.20, was:  
 8:00 a.m. = 36, 10:00 a.m. = 129, for a total of 165,  
 including 16 children & teachers.

## FROM THE MAIL

Dear Kemi,

Mariela and I were very happily surprised to receive your cheque (US\$500.00) for our Fundacion Uaguitupu.. Please give our sincere thanks to generous friends at Trinity for their thoughtful gift.

Christmas will soon be here; among other things, this money will be very useful in helping us buy biblical texts which the Sunday School students can read and colour, at the church in Achutupu. .

Thank you again. We would also appreciate your prayers. The church is growing well on this small (2000popn., several hundred worshippers) island in Kuna Yala, but there are many challenges that we face in a traditional culture, little changed over the centuries.

Blessings,

Howard and Mariela

*If writing to Trinity, please remember that our address is P.O. Box 641, Barrie, ON, L4M 4V1*

## ALERT!!! Everyone: The Nearly New/Garage Sale is COMING SOON!!

October 29 will be TAKE-IN DAY and the selling will be done on October 30th and 31st. Please start sorting Items now. Goods must be clean, hole-free, as well as stain-free. For further info, ask any one of the Womens' Fellowship.

## SUNDAY NOOMA

The Sunday NOOMA small group time has been changed from 8:30 - 9:30 am to 9:05 - 9:50 am.

## BIRTHDAY PARTY

You are invited to the Celebration of **Nellie Seal's 90<sup>th</sup> Birthday Party** at Grove Park Home Auditorium, Oct. 10<sup>th</sup>, 1 to 4 p.m. "Best Wishes Only".

## ATTENTION MEN

The FLAME (Fellowship and Learning for Anglican Men's Enrichment) Conference is quickly approaching. Come for a weekend of fellowship, learning and worship. The Rt. Rev. Eddie Marsh will be our conference leader. The date is October 30<sup>th</sup> to November 1<sup>st</sup>. **The special rate for "first time" attendees is \$125.00.** For others who have attended a FLAME weekend in the past, the cost is \$185.00 if paid before June 30<sup>th</sup>, \$215.00 if paid by September 15<sup>th</sup> and \$235.00 for registration after September 16<sup>th</sup>. All these costs are for double occupancy. If you would like single occupancy, the cost is \$295.00. Please register early to save money. The conference will be held at Jackson's Point Salvation Army Conference Centre located on the shores of Lake Simcoe. This three day event will uplift you in your faith and leave you with a wealth of new memories and new friends. For more information, please see the FLAME website at [www.flameconference.ca](http://www.flameconference.ca).

## Parish Info and Updates

### **SUNG EVENSONG - Award Winning Choir**

Last Sunday we had a capacity crowd of almost 300 people for a special Evensong led by the award winning Choir from St. Mary Magdalene church in Toronto. The music featured hymns and anthems by Heley Willan who was music director at St. Mary's. It was an amazing evening of worship and music. Our special thanks to Bruce Owen and "Colours of Music" for making this event possible. The Evensong was sponsored by radio station LIFE 100.3

### **BOB GARRETT - Pilgrimage to Santiago de Compostela, Spain.**

Hi Brian, Tonight we rest in a little mountain village before a climb tomorrow up the Alto del Poyo. We are both now at the point where we prefer climbing to level or down as this is easier on our tendons & feet. Overall things have improved and I think we are a little stronger now which bodes well for the finish stage which we are slowly entering. Doing about 20 km a day which seems to be a suitable limit for now. The Ruitelan Albergue is very charming. Run by a lovely couple who are cooking us dinner. With accommodation the total is about 25 euros including a few extra beers.

Spent some time this pm in a local 9th century church and park area. I wrote in my journal that the Camino is imprinting itself in my feet. I feel every step and at times they hurt very much but somehow this burden of chosen suffering seems very small when compared to people who are truly suffering. Of course the rewards are wonderful: realization that I have so much, my pain is small, I need very little to live, the natural wonders are evident here every day, the Camino community is ever changing and full of pleasant surprises - met Adam Read's spitting image today. Mikhail His wife Ena and the one yr old Astrid are doing the camino with a baby stroller! Looking forward to the end and seeing you soon,

Love Robert del Camino

### **DISPEL ANXIETY -- Practice Your Faith.**

A group of Toronto scientists have found God -- or at least the effect God has on a believer's brain. Newly published research from a joint project between faculty at the University of Toronto and York University points to reduced stress and anxiety among test subjects who consider themselves to be religious when compared to non-believers. Ian McGregor a professor of personality and social psychology found that believing in God helps religious people block anxiety while under stress. The more religious zeal individuals showed the better they did on the tests.

-- submitted by Jessie Paquette (reports on this study appeared in the October edition of the YorkU magazine and in the Globe & Mail on March 5, 2009)

### **"ACQUIRE THE FIRE -- HAMILTON"**

#### **Youth Rally on October 23 & 24th**

What would it be like to be with 15,000 other youth singing and seeking after God?? This year "Acquire the Fire" will be coming to Copps Coliseum on October 23 and 24th (Friday & Saturday). We would like to take a group of our youth (High School age and older). Cost is about \$100 plus the cost of food (assistance with this is available). It will be an amazing experience. Please sign up with Canon Brian. Deadline to register is Sunday Oct. 11th. For full details see [www.acquirethefire.com/hamilton/](http://www.acquirethefire.com/hamilton/)

### **DEPUTY CHURCHWARDEN**

We are pleased to announce that BETH HEALE is our new Deputy Churchwarden. Beth and her husband Terry retired to Barrie a couple of years ago from Sudbury where Terry worked with the mining company. They were both active in the St. John the Divine in Copper Cliff. Beth has been a Lay Delegate to Synod and worked with an ecumenical team to launch a Pastoral Care and Counseling service in the community. Beth and Terry have been active in our Home Groups since joining Trinity.

### **MAYOR'S PRAYER BREAKFAST**

Wed. Oct 7, 2009 at 7:25 a.m. at the South Shore Centre in Barrie is the 33rd annual Barrie Mayor's Prayer Breakfast. Meet area political and community leaders for a full breakfast for \$16.00 and listen to Professor William McConkey, award winning physicist and former NASA jet propulsion theorist, speak about his coming to Christ and, with a power point computer presentation, what God has taught him about the universe. To reserve your place, please provide either a \$16.00 cheque or cash with your name and address attached to Trevor Owen at 26 Owen Street, Barrie, ON L4M 4Y6 or call (705) 726-1181 for further inquiry by Friday October 2, 2009."

### **TRINITY WOMEN'S MEETING OCT. 9<sup>th</sup>**

All men and women are invited to come to the next meeting of Trinity Women to be held on Friday, October 9th in the Upper Room. Coffee at 9:30 a.m. and the interesting speaker will begin at 10 a.m.

Dr. David Downham (a retired Urologist from Orillia) and his wife Cathy (a retired teacher) have established a Canadian Charity "Project Umbrella Burma" (PUB), helping victims (mainly children) of land mines in Burma, providing food, education, artificial limbs and rehabilitation.

Recently David was awarded the Priz d'excellence from the Royal College of Physicians and Surgeons of Canada, an Honorary membership in the Canadian Medical Society, and previously awarded a Life Membership in the Ontario Medical Association.

This meeting is open to all interested men and women at Trinity. Please bring your own coffee mug!

## Trinity Anglican Church

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### Incumbent:

Reverend Canon Brian McVitty

### Associate Priest:

Father Andrew Sandilands



*Happenings Editor: Rob Smith*  
[trinityhappenings@gmail.com](mailto:trinityhappenings@gmail.com)

## Screening in Faith Workshop

### Oct. 4<sup>th</sup> and Oct. 8<sup>th</sup>

Trinity Church is working to make our Ministry's safe for all who participate. As part of this all persons involved in Ministry at Trinity are required to attend a Sexual Misconduct Workshop every 3 years. Police Checks are required for all ministry positions where they or those who participate could be vulnerable.

There will be a Sexual Misconduct Workshops scheduled on:

**Today from 12:00 to 2:00 P.M.**( Bring a bag lunch-refreshments will be served) and on Thursday Oct. 8th at 6:45 to 9:00 P.M.( Coffee/Tea served.)

The workshop is required every 3 years for those in ministry positions i.e. Sunday School Teachers, Small Group Leaders, anyone who is part of a ministry group. ANYONE MAY ATTEND. The Workshops are open to all.

For more information on Screening you can logon to : [toronto.anglican.ca](http://toronto.anglican.ca)

Click on the **RESCOURCES** tab on the right side of the purple bar.

Then Select **SCREENING** and/or **Sexual Misconduct** on the alphabetical list on the left side of the page or contact one of the Screening in Faith coordinators.

Your Screening in Faith coordinators,

Paul Thompson

Mary Henderson

## ALPHA AND HOME GROUPS

This past week we had a wonderful launch of our Home Groups and courses for the fall season. On Monday evening there were about 40 people for the groups and on Tuesday there were 20 ladies for the Beth Moore course on "Esther". There is still time to attend one of the groups. It is a wonderful opportunity to make new friends and for spiritual growth.

If you are new to Trinity or exploring the faith we would highly recommend that you join us for ALPHA. It will run on Monday nights beginning at 6:30 pm for dinner. (Those coming for dinner on Monday's at 6:30 pm are asked to speak to Norm Marrow or phone the church office so we have numbers. Suggested cost for dinner is \$9).

A summary list of the fall Home Groups is as follows. There is a separate flyer with the full details in the tower walk and on our web site. Please pick the time slot or topic that most appeals to you. We hope that every member will be able to participate.

- \*\* Monday evening at 6:30 pm "ALPHA": Gary Lyon, Norm Marrow, and team.
- \*\* Monday evening at 6:30 pm "Challenging Lifestyle" by Nicky Gumble. New from Nicky this is based on the Sermon on the Mount by Jesus. Judy Thompson, John Warnica, Stacey Marshall and team.
- \*\* Monday evening at 7:15 pm "Grief Support Group": LJ Brown and Nancy Monkman.
- \*\* Monday afternoon at 1:30 pm "The Truth Project": Stacey Marshall.
- \*\* Tuesday afternoon at 12:45 pm "Beth Moore study of Esther": Gay Welsman & Susan Snelling.
- \*\* Tuesday evening at 7:00 pm "Beth Moore study of Esther": Pauline Miller.
- \*\* Wednesday breakfast at 7:30 a.m. "Men In Focus": Fr. Andrew & Walter Marshall
- \*\* Wednesday at noon "Hebrews": Gladys Fisher & Fr. Andrew.
- \*\* Wednesday evening at 7:00 pm "Hebrews": Fr. Andrew
- \*\* Friday morning at 10:30 a.m. "Nooma": John Lake.
- \*\* Sunday morning at 9:05 a.m. to 9:55 a.m. (**note change of time**) "Nooma" John Lake & Michael Tweedle

